

*Aboca*<sup>®</sup>  
*Herbs and Health*  
*100% Natural*



**Product Guide**  
**2003**

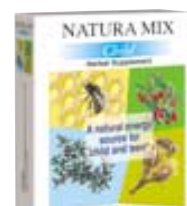
# Aboca's Products for

HERBS FOR TONE AND ENERGY\*

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- Natura Mix Child-Vials
- Natura Mix Adult-Vials
- Natura Mix Senior-Vials
- Natura Mix Adult-Capsules



HERBS FOR WEIGHT CONTROL\*

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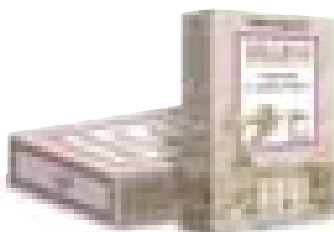


- Phytoslim Reduce-Packets
- Phytoslim Active-Capsules
- Phytoslim Purifier-Herbal Tea



HERBS FOR THE DIGESTIVE TRACT\*

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*\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent disease.*

# Specific Health Needs

## HERBS FOR RESTFUL SLEEP\*

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- Sedivita-Herbal Tea
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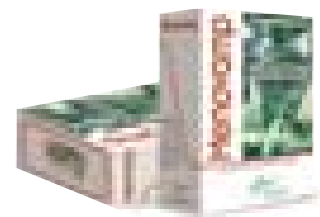
- Armovita-Capsules

## HERBS FOR AGING WELL\*

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- Triglic-oil-Capsules
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# HERBS FOR TONE AND ENERGY\*



## NATURA MIX

### Child VIALS

This blend of concentrated bilberry juice, royal jelly, bee pollen and other natural ingredients is especially suited to ensure a balanced source of energy and nutrients for children\*. It is designed to provide the nutritive properties to enhance growth and its fruity taste makes it very pleasant for children\*.

**Monodose vials to ensure freshness without the use of preservatives.**



10 vials - 15 g each

**Free sample**

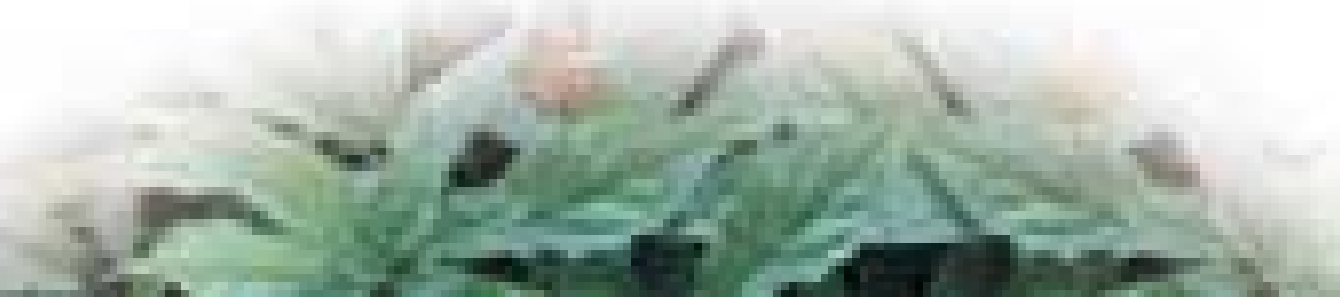


Supplement Facts		
Serving size: 1		
Servings per container: 10		
Calories: 37.2	Amount Per Serving	
	g	% Daily Value
<b>Acacia honey</b>	9.9	*
<b>Bilberry - juice concentrate</b> ( <i>Vaccinium myrtillus</i> ) (fruit) Total anthocyanosides minimum 0.2%	4	*
<b>Royal Jelly</b> 10 hydroxydecanoic acid minimum 1%	0.5	*
<b>Blackberry - juice concentrate</b> ( <i>Rubus fruticosus</i> ) (fruit)	0.45	*
<b>Acerola - Freeze-dried extract</b> ( <i>Malpighia glabra</i> ) (fruit)	0.04	*
<b>Bee Pollen - Freeze-dried extract</b>	0.04	*
<b>Brewer's yeast - Freeze-dried extract</b>	0.02	*
<b>Other ingredients:</b> natural strawberry flavoring		
<b>This product contains no</b> artificial excipients, colorings, flavorings or preservatives. GMO free.		
*% Daily Value not established		

**WARNING:** For further information and cautions, please consult your health care practitioner.

**SUGGESTED USE:**  
Take 1 vial daily preferably in the morning or as directed by a qualified expert. The product may be diluted in liquid such as fruit juice or water. Shake before use.

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# HERBS FOR TONE AND ENERGY\*

## NATURA MIX

### Adult CAPSULES



Natura Mix Adult is a unique blend of freeze-dried Asian ginseng, eleutherococcus and other energy building nutrients\*. This product serves as a traditional “adaptogen” and an excellent source of energy, antioxidants, vitamins and micronutrients\*. Natura Mix Adult is specifically formulated to restore vitality to active adults engaged in physical exercise or stressful work conditions\*.



Supplement Facts		
Serving size: 1		
Servings per container: 90		
Calories: 1.33	Amount Per Serving	
	mg	% Daily Value
<b>Asian ginseng</b> - W.P.C.** <i>(Panax ginseng)</i> (root) Standardized to 4% total ginsenosides	94.5	*
<b>Royal Jelly</b> - freeze-dried 10 hydroxydecanoic acid minimum 2%	94.5	*
<b>Eleuthero</b> - W.P.C.** <i>(Eleutherococcus senticosus)</i> (root) Standardized to 0.7% eleutherosides B+E	40.5	*
<b>Bee Pollen</b> - powder	40.5	*
<b>Other ingredients:</b> gelatin (capsule)		
<small>*% Daily Value not established</small>		
<small>** W.P.C.: Whole Phytocomplex Concentrate</small>		

Available in:

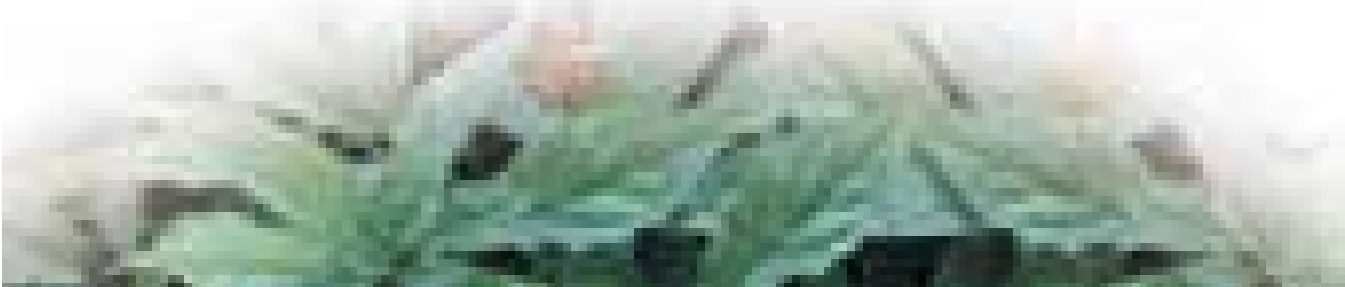
- 30 - 90 count capsules in blister packs
- 90 count capsules in dark glass bottle



**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

**SUGGESTED USE:**  
Take 1 to 3 capsules daily in the morning or between meals or as directed by a qualified expert.

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# HERBS FOR TONE AND ENERGY\*

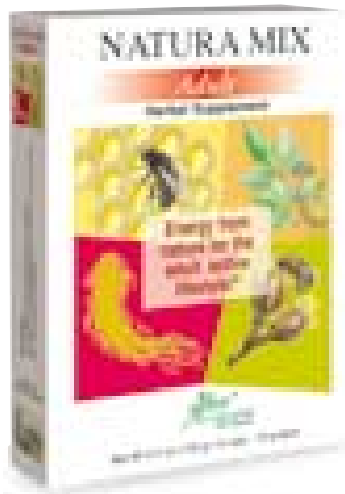


## NATURA MIX

### Adult VIALS

Natura Mix Adult is a unique blend of freeze-dried Asian ginseng, eleutherococcus and other energy building nutrients\*. This product serves as a traditional “adaptogen” and an excellent source of energy, antioxidants, vitamins and micronutrients\*. Natura Mix Adult is specifically formulated to restore vitality to active adults engaged in physical exercise or stressful work conditions\*.

**Monodose vials to ensure freshness without the use of preservatives.**



10 vials - 15 g each



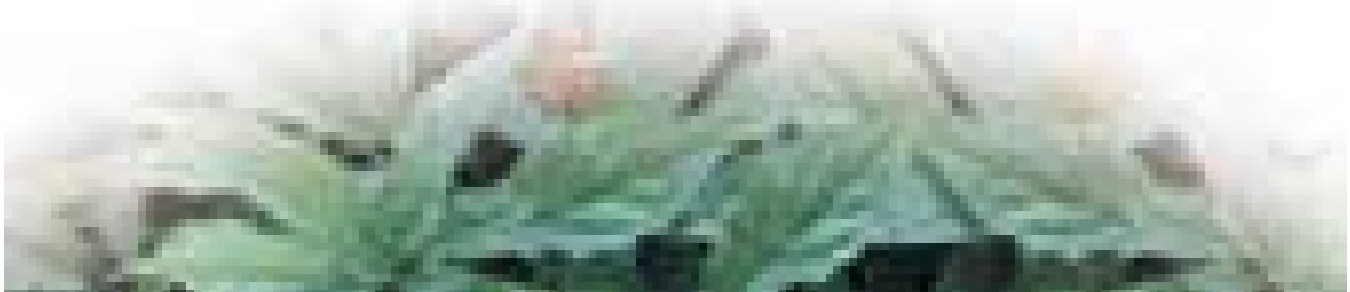
Supplement Facts		
Serving size: 1		
Servings per container: 10		
Calories: 39.3	Amount Per Serving	
	g	% Daily Value
<b>Bilberry</b> - juice concentrate ( <i>Vaccinium myrtillus</i> ) (fruit) Total antocyanosides minimum 0.2%	8.3	*
<b>Acacia honey</b>	6	*
<b>Royal Jelly</b> 10 hydroxydecanoic acid minimum 1%	0.5	*
<b>Asian ginseng</b> - Freeze-dried extract ( <i>Panax ginseng</i> ) (root) Standardized to 15% total ginsenosides	0.12	*
<b>Bee Pollen</b> - Freeze-dried extract	0.03	*
<b>Eleuthero</b> - Freeze-dried extract ( <i>Eleutherococcus senticosus</i> ) (root) Standardized to 1.5% eleutherosides B+E	0.023	*
<b>Brewer's yeast</b> - Freeze-dried extract	0.027	*
This product contains no artificial excipients, colorings, flavorings or preservatives. GMO free.		
*% Daily Value not established		

**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

#### SUGGESTED USE:

Take 1 vial daily preferably in the morning or as directed by a qualified expert. The product may be diluted in liquid such as fruit juice or water. Shake before use.

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# HERBS FOR TONE AND ENERGY\*

## NATURA MIX

### Senior VIALS



Natura Mix Senior is a unique formula rich in ginkgo, schisandra and acerola. This product serves as a “restorative” and is an excellent source of energy, antioxidants, vitamins and micronutrients\*. Natura Mix Senior is specifically formulated to restore vitality for the senior lifestyle\*.

**Monodose vials to ensure freshness without the use of preservatives.**



10 vials - 15 g each

Supplement Facts		
Serving size: 1		
Servings per container: 10		
Calories: 40	Amount Per Serving	
	g	% Daily Value
Acacia honey	7.7	*
Bilberry - juice concentrate ( <i>Vaccinium myrtillus</i> ) (fruit) Total anthocyanosides minimum 0.2%	6.5	*
Royal Jelly 10 hydroxydecanoic acid minimum 1%	0.5	*
Ginkgo - Freeze-dried extract ( <i>Ginkgo biloba</i> ) (leaf) Standardized to 1% terpene lactones and 3% ginkgo flavone glycosides	0.15	*
Bee Pollen - Freeze-dried extract	0.06	*
Schisandra - Freeze-dried extract ( <i>Schisandra chinensis</i> ) (fruit) Standardized to 1% schizandrins	0.045	*
Acerola -Freeze-dried extract ( <i>Malpighia glabra</i> ) (fruit)	0.035	*
<b>Other ingredients:</b> natural lemon flavoring		
<b>This product contains no artificial excipients, colorings, flavorings or preservatives .</b>		
GMO free.		
*% Daily Value not established		

**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

**SUGGESTED USE:**  
Take 1 vial daily preferably in the morning or as directed by a qualified expert. The product may be diluted in liquid such as fruit juice or water. Shake before use.



**Free sample**

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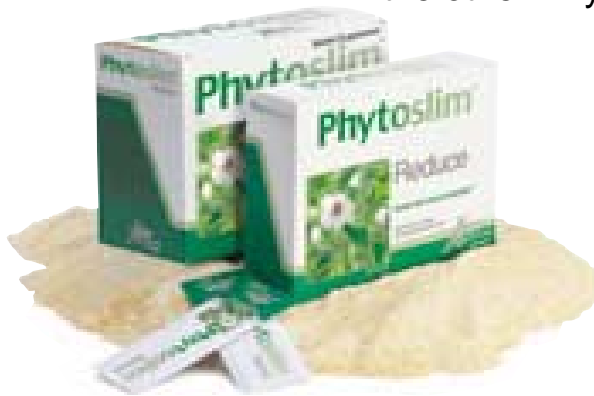
# HERBS FOR WEIGHT CONTROL\*



# Phytoslim

## PACKETS Reduce

Phytoslim Reduce is a dietary fiber supplement containing freeze-dried extracts of mucilage rich plants (flaxseed, linden flowers and marshmallow root) and other herbs rich in soluble fiber (glucomannan and psyllium). This herbal combination reduces the absorption of excess calories (especially carbohydrates, sugars and fats) and prolongs the feeling of satiety\*. For optimum effectiveness it is best used with a low calorie diet in combination with the other Phytoslim products.



**20 monodose packets (5 g each)**  
**40 monodose packets (5 g each)**

### SUGGESTED USE:

Take 1 monodose packets before eating, or as directed by a qualified expert.

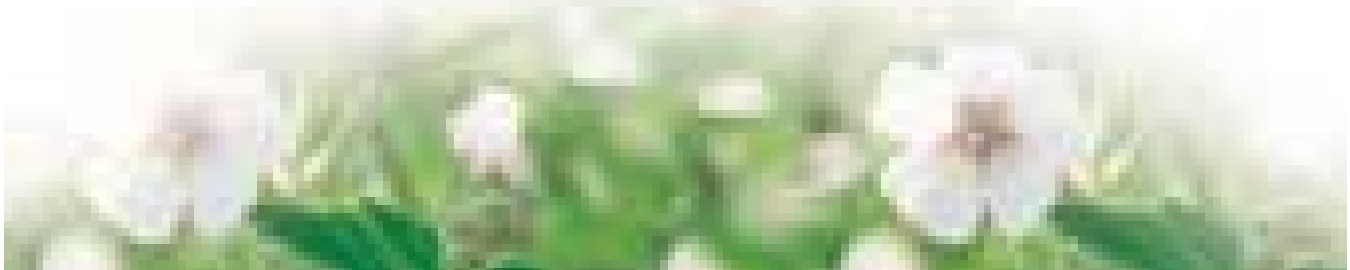
### HOW TO USE:

Pour 1 monodose packets of Phytoslim Reduce into a 150 ml glass of water. Mix vigorously and consume immediately before each meal. Once desired weight has been achieved, Phytoslim Reduce is recommended only to be taken before the main meal of the day.

### Supplement Facts

Serving size: 1		
Servings per container: 20		
Calories: 14.1	Amount Per Serving	
	mg	% Daily Value*
<b>Dietary Fiber</b>	<b>2110</b>	<b>8.44</b>
<b>Glucomannan</b> - micronized tuber ( <i>Amorphophallus Konjac</i> ) (tuber) Standardized to 76% fiber	1500	*
<b>Tangerine</b> - dehydrated juice ( <i>Citrus reticulata blanco</i> ) (fruit)	1000	*
<b>Mannite</b> - micronized	900	*
<b>Chicory</b> ( <i>Cichorium intybus</i> ) (root) Standardized to 89% fiber	750	*
<b>Orange</b> - dehydrated juice ( <i>Citrus sinensis</i> ) (fruit)	500	*
<b>Psyllium</b> - micronized ( <i>Plantago ovata</i> ) Standardized to 98% fiber	250	*
<b>Flax</b> - freeze-dried mucilage ( <i>Linum usitatissimum</i> ) (seed)	30	*
<b>Linden</b> - freeze-dried mucilage ( <i>Tilia platyphyllos</i> ) (flower)	30	*
<b>Marshmallow</b> - freeze-dried mucilage ( <i>Althaea officinalis</i> ) (root)	30	*
<b>Other ingredients:</b> natural lemon flavoring. This product contains no artificial excipients, colorings, flavorings or preservatives. GMO free.		
**% Daily Value not established		
+ Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

**WARNING:** The consumption of fiber can be contraindicated in cases of particular gastrointestinal disorders; it can reduce the absorption of some drugs. The integration of diet with fiber is not suitable for young children. For other contraindications and cautions and if you are taking other medicinal products, please consult your health care practitioner.



# HERBS FOR WEIGHT CONTROL\*

# Phytoslim

CAPSULES

Active



This herbal combination of citrus aurantium freeze-dried extract and whole phytoextract concentrate of green tea gives Phytoslim-Active thermogenic properties that help to enhance the metabolism of sugars thus helping the body burn fat\*. For optimum effectiveness it is best used with a low-calorie diet in combination with the other Phytoslim products.

## Supplement Facts

Serving size: 1

Servings per container: 60

Calories: 1.6 Amount Per Serving

	mg	% Daily
	Value	Value
<b>Bitter orange</b> - freeze-dried extract ( <i>Citrus x aurantium</i> ) (young fruit) Standardized to 5% sinephrine	<b>242</b>	*
<b>Green tea</b> - powder ( <i>Camellia sinensis</i> ) (leaf) Standardized to 3% caffeine and to 6% ECG	<b>157</b>	*
<b>Chromium yeast</b>	<b>25</b>	*

**Other ingredients:** gelatin (capsule)

\*% Daily Value not established

**WARNING:** Do not take if you have heart disease or high blood pressure. Do not take if you are pregnant or nursing. This product should not be taken with any prescription monoamine oxidase inhibitor. For further information and cautions or if you are taking medicinal products, please consult your health care practitioner. Dietary supplements are not recommended for young children.

### SUGGESTED USE:

Take 1 capsule twice a day, or as directed by a qualified expert.



Available in:

**50 count capsules in blister packs**

**60 count capsules in dark glass bottle**

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# HERBS FOR WEIGHT CONTROL\*



# Phytoslim

TEA BAGS Purifier

This herbal tea supports weight loss through its cleansing and diuretic properties\*. The herbs such as java tea, dandelion and European goldenrod induce the elimination of excess fluids\*. Horsetail and stinging nettle ensure that the appropriate levels of mineral salts are maintained in the body\*. The addition of licorice, fennel and sweet mint add a pleasant taste to the tea.



**20 tea bags (2 g each)**

#### SUGGESTED USE:

Take one cup of Phytoslim Purifier tea in the morning.

#### HOW TO USE:

An herbal tea bag and water (about 5-8 oz) is all that you need to prepare this tea. Pour boiling water into a cup over the herbal tea bag and let it steep for five to seven minutes, making sure to cover the container to avoid evaporation of the tea's essential oils.

#### Supplement Facts

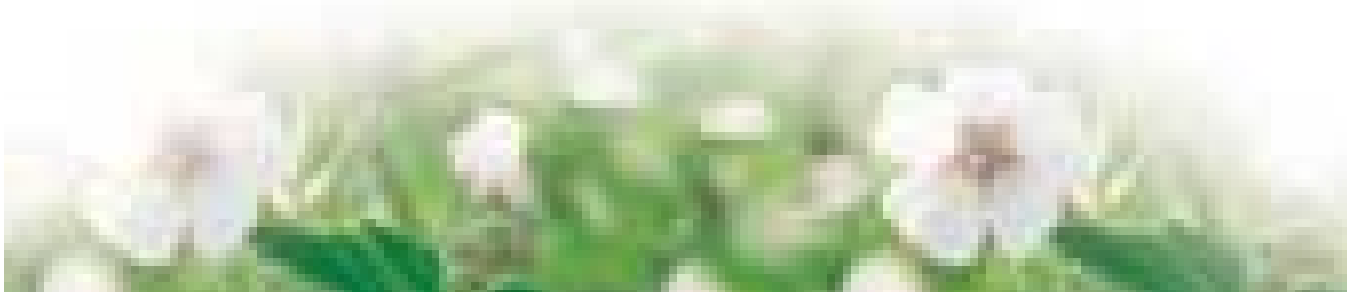
Serving size: 1 tea bag (makes 5.07 fl. oz)  
Servings per container: 20

	Amount Per Tea bag	
	g	% Daily Value
<b>Java - tea</b> ( <i>Orthosiphon stamineus</i> ) (leaf)	0.4	*
<b>Licorice</b> ( <i>Glycyrrhiza glabra</i> ) (root)	0.4	*
<b>Fennel</b> ( <i>Foeniculum vulgare</i> ) (fruit)	0.34	*
<b>European goldenrod</b> ( <i>Solidago virgaurea</i> ) (flowering top)	0.2	*
<b>Peppermint</b> ( <i>Mentha x piperita</i> ) (leaf)	0.2	*
<b>Dandelion</b> ( <i>Taraxacum officinale</i> ) (root)	0.16	*
<b>Turmeric</b> ( <i>Curcuma longa</i> ) (root)	0.1	*
<b>Horsetail</b> ( <i>Equisetum arvense</i> ) (top)	0.1	*
<b>Stinging nettle</b> ( <i>Urtica dioica</i> ) (leaf)	0.1	*

**This product contains no artificial excipients, colorings, flavorings or preservatives. GMO free.**

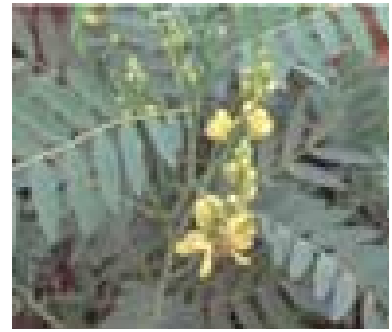
\* % Daily Value not established

**WARNING:** Do not use if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner. Dietary supplements are not recommended for young children.



# HERBS FOR THE DIGESTIVE TRACT\*

## SOLLIEVO TABLETS



This formula combines the laxative properties of senna and aloe with herbs that enhance digestive activity\*. These herbs play an important role in regulating intestinal function, while reducing the side effects of anthraquinones\*. Sollievo is useful for occasional episodes of constipation\*

### Supplement Facts

Serving size: 1  
Servings per container: 90

Calories: 1.48	Amount Per Serving	
	mg	% Daily Value
<b>Senna</b> - powder ( <i>Cassia angustifolia</i> ) (leaf) Standardized to 2.5% sennosides	122	*
<b>Cape aloe</b> - juice ( <i>Aloe ferox</i> ) (juice) Standardized to 18% aloin A+B	91.7	*
<b>Dandelion</b> - powder ( <i>Taraxacum officinale</i> ) (root)	91	*
<b>Chicory</b> - powder ( <i>Cichorium intybus</i> ) (root)	32	*
<b>Fennel</b> - powder ( <i>Foeniculum vulgare</i> ) (fruit)	27	*
<b>Caraway</b> - powder ( <i>Carum carvi</i> ) (fruit)	23	*
<b>Boldo</b> - powder ( <i>Peumus boldus</i> ) (leaf)	7	*
<b>Cumin</b> - powder ( <i>Cuminum cyminum</i> ) (fruit)	6	*

Other ingredients: essential oil of fennel

\*% Daily Value not established



Available in:

30 - 90 count tablets in blister packs  
90 count tablets in dark glass bottle

**NOTICE:** This product contains Senna. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Senna may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

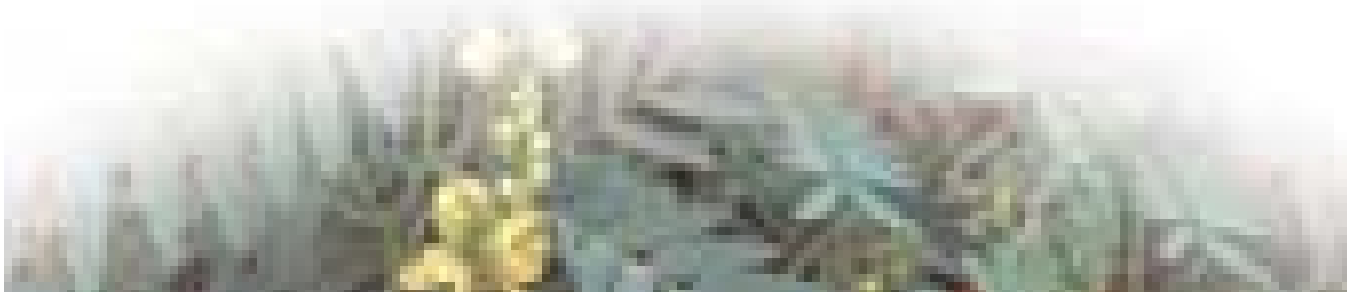
### SUGGESTED USE:

Take 1 to 3 tablets in the evening or as directed by a qualified expert.

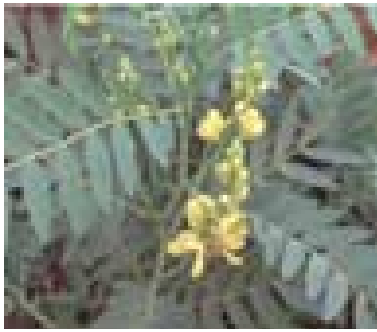
Free sample



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# HERBS FOR THE DIGESTIVE TRACT\*



## SOLLIEVO

### TEA BAGS

This tea blend, containing high levels of senna and aloe, helps to restore normal intestinal function and relieve occasional constipation\*. The presence of aromatic plants such as fennel, caraway, lemon balm and licorice give this herbal tea a pleasant flavor without adding sugar.



20 tea bags (2.2 g each)

#### SUGGESTED USE:

Take one cup of Sollievo tea before going to bed.

#### HOW TO USE:

An herbal tea bag and water (about 5-8 oz) is all that you need to prepare this tea. Pour boiling water into a cup over the herbal tea bag and let it steep for five to seven minutes, making sure to cover the container to avoid evaporation of the tea's essential oils.

#### Supplement Facts

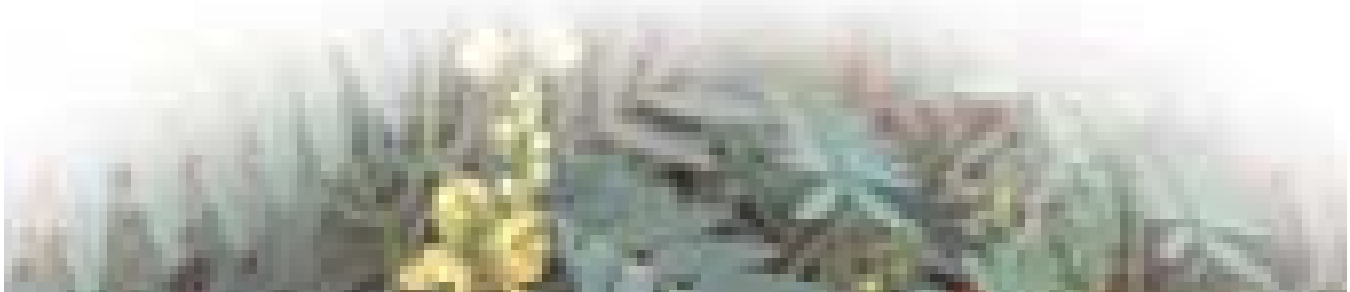
Serving size: 1 tea bag (makes 5.07 fl oz)  
Servings per container: 20

	Amount Per Tea bag	
	g	% Daily Value
<b>Senna</b> ( <i>Cassia angustifolia</i> ) (fruit)	0.660	*
<b>Licorice</b> ( <i>Glycyrrhiza glabra</i> ) (root)	0.550	*
<b>Senna</b> ( <i>Cassia angustifolia</i> ) (leaf)	0.440	*
<b>Fennel</b> ( <i>Foeniculum vulgare</i> ) (fruit)	0.132	*
<b>Caraway</b> ( <i>Carum carvi</i> ) (fruit)	0.330	*
<b>Lemon balm</b> ( <i>Melissa officinalis</i> ) (leaf)	0.044	*
<b>High mallow</b> ( <i>Malva sylvestris</i> ) (flower and leaf)	0.044	*

This product contains no artificial excipients, colorings, flavorings or preservatives. GMO free.

\*% Daily Value not established

**NOTICE:** This product contains Senna. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Senna may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.



# HERBS FOR THE DIGESTIVE TRACT\*

# Finocarbo

## CAPSULES



This formula is useful in balancing digestive functions, thus reducing indigestion, bloating and intestinal gas, frequently accompanied by abdominal discomfort\*. The formula contains vegetable charcoal as well as herbs with carminative, eupeptic and soothing activity\*. Essential oils are added for their tonic effect and ability to stimulate gastric and biliary secretion\*.

### Supplement Facts

Serving size: 2

Servings per container: 45

Calories: 2.2		Amount Per Serving	
	mg	% Daily Value	
<b>Vegetable Charcoal</b>	<b>174</b>	*	
<b>Fennel - W.P.C. **</b> ( <i>Foeniculum vulgare</i> ) (fruit) Standardized to 2% essential oil	<b>116</b>	*	
<b>Cumin - powder</b> ( <i>Cuminum cyminum</i> ) (fruit) Standardized to 2% essential oil	<b>87</b>	*	
<b>Chamomile - freeze-dried extract</b> ( <i>Matricaria recutita</i> ) (flower) Flavonoids apigenin-like minimum 1%	<b>87</b>	*	
<b>Star anise - powder</b> ( <i>Illicium verum</i> ) (fruit) Essential oil minimum 7%	<b>40.6</b>	*	
<b>Lemon balm - freeze-dried extract</b> ( <i>Melissa officinalis</i> ) (leaf) Standardized to 14% rosmarinic acid	<b>29</b>	*	
<b>Caraway - powder</b> ( <i>Carum carvi</i> ) (fruit) Essential oil minimum 2.2%	<b>29</b>	*	

**Other ingredients:** gelatin (capsule), essential oils of fennel, peppermint and marjoram

\*% Daily Value not established

\*\* W.P.C.: Whole Phytocomplex Concentrate



Available in:

30 - 90 count capsules in blister packs

90 count capsules in dark glass bottle

Free sample



**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, or if you are taking medicinal products, please consult your health care practitioner.

### SUGGESTED USE:

Take 2 capsules twice a day or as directed by a qualified expert.

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# HERBS FOR THE DIGESTIVE TRACT\*



# Finocarbo

## TEA BAGS

Finocarbo Plus herbal tea promotes healthy digestive function by combining traditional European herbs such as fennel, caraway, lemon balm and cumin, useful to reduce indigestion, bloating and intestinal gas\*. Essential oils of aromatic herbs like star anise, peppermint and chamomile provide a tonic effect and support the activity of the gastrointestinal tract\*. Licorice adds a pleasant taste to this herbal tea.



**20 tea bags (2 g each)**

### HOW TO USE:

An herbal tea bag and water (about 5-8 oz) is all that you need to prepare this tea. Pour boiling water into a cup over the herbal tea bag and let it steep for five to seven minutes, making sure to cover the container to avoid evaporation of the tea's essential oils.

### Supplement Facts

Serving size: 1 tea bag (makes 5-8 fl. oz)  
Servings per container: 20

	Amount Per Tea bag	
	g	% Daily Value
<b>Fennel</b> (Foeniculum vulgare) (fruit)	0.6	*
<b>Star anise</b> (Illicium verum) (fruit)	0.6	*
<b>Licorice</b> (Glycyrrhiza glabra) (root)	0.3	*
<b>Chamomile</b> (Matricaria recutita) (flowering top)	0.2	*
<b>Peppermint</b> (Mentha x piperita) (leaf)	0.1	*
<b>Caraway</b> (Carum carvi) (fruit)	0.1	*
<b>Cumin</b> (Cuminum cyminum) (fruit)	0.06	*
<b>Lemon balm</b> (Melissa officinalis) (leaf)	0.04	*

This product contains no artificial excipients, colorings, flavorings or preservatives. GMO free.

\*% Daily Value not established

**WARNING:** Do not use if you are pregnant or nursing. For other contraindications and cautions, or if you are taking medicinal products, please consult your health care practitioner.

### SUGGESTED USE:

Take one cup of Finocarbo Plus tea when needed (up to 3 or 4 per day).



# HERBS FOR RESTFUL SLEEP\*

## Sedivitax

### CAPSULES



This formula is made of high titre extracts of relaxant herbs such as passionflower, valerian and lemon balm\*. It can be taken during the day, to ease nervous irritability or at the bedtime to induce sleep in cases of occasional restlessness\*.

Supplement Facts		
Serving size: 2		
Servings per container: 45		
Calories: 2.1	Amount Per Serving	
	mg	% Daily Value
<b>Passiflò 2-LMF</b>	<b>256</b>	*
Passionflower - multifraction freeze-dried extract ( <i>Passiflora incarnata</i> ) (leaf) Standardized to 8% total flavonoids		
<b>Valerian - W.P.C.**</b>	<b>192</b>	*
( <i>Valeriana officinalis</i> ) (root) Standardized to 0.25% total valerenic acids		
<b>Lemon balm - W.P.C.**</b>	<b>96</b>	*
( <i>Melissa officinalis</i> ) (leaf) Standardized to 6.5% rosmarinic acid		
<b>California Poppy - W.P.C.**</b>	<b>89.6</b>	*
( <i>Eschscholtzia californica</i> ) (leaf and flower) Standardized to 0.045% protopine		
<b>Other ingredients:</b> gelatin (capsule), essential oils of lavender and marjoram		
* % Daily Value not established		
** W.P.C.: Whole Phytocomplex Concentrate.		



Available in:

30 - 90 count capsules in blister packs

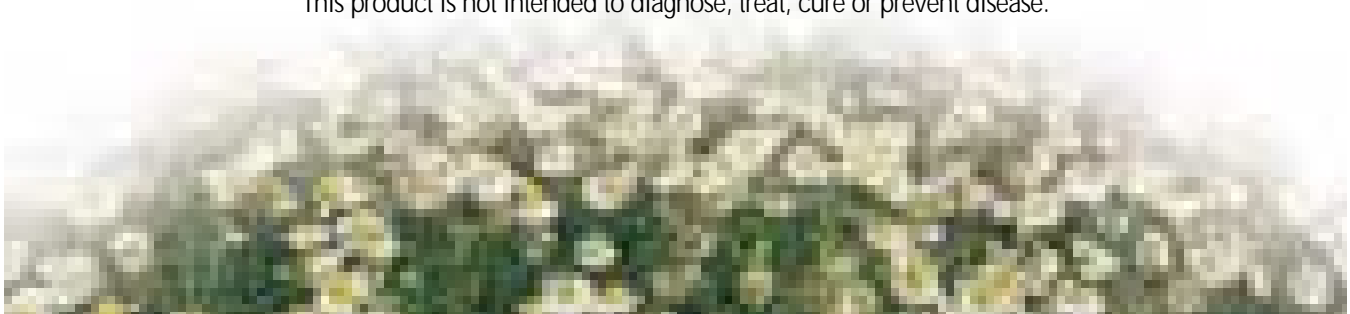
90 count capsules in dark glass bottle

**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, or if you are taking medicinal products, please consult your health care practitioner.

#### SUGGESTED USE:

Take 2 capsules during the day and 2 at night before going to bed, or as directed by a qualified expert.

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent disease.



# HERBS FOR RESTFUL SLEEP\*



## Sedivitax

### TEA BAGS

This pleasant tasting tea is a blend of chamomile and other natural herbal relaxants\*. It is ideal at bedtime to induce restorative sleep\*. This product can be used by children and elderly, alone or in combination with the other Sedivitax products.



20 tea bags (2 g each)

#### Supplement Facts

Serving size: 1 tea bag (makes 5.07 fl oz)  
Servings per container: 20

Amount Per Tea bag		
	g	% Daily Value
<b>Passionflower</b> <i>(Passiflora incarnata)</i> (leaf)	0.36	*
<b>Licorice</b> <i>(Glycyrrhiza glabra)</i> (root)	0.36	*
<b>Chamomile</b> <i>(Matricaria recutita)</i> (flower)	0.27	*
<b>Lemon balm</b> <i>(Melissa officinalis)</i> (leaf)	0.27	*
<b>Star anise</b> <i>(Illicium verum)</i> (fruit)	0.18	*
<b>Linden</b> <i>(Tilia cordata)</i> (flower)	0.18	*

**Other ingredients:** bitter orange, orange  
This product contains no artificial excipients, colorings, flavorings or preservatives. GMO free.

\*% Daily Value not established

Free sample



#### SUGGESTED USE:

Take one cup of Sedivitax tea before going to bed.

#### HOW TO USE:

An herbal tea bag and water (about 5-8 oz) is all that you need to prepare this tea. Pour boiling water into a cup over the herbal tea bag and let it steep for five to seven minutes, making sure to cover the container to avoid evaporation of the tea's essential oils.



# HERBS FOR RESTFUL SLEEP\*

# Sedivitax

## DROPS



This formula is made of high titre extracts of relaxant herbs such as passionflower, valerian and lemon balm\*. It can be taken during the day, to ease nervous irritability or at the bedtime to induce sleep in cases of occasional restlessness\*.

Supplement Facts		
Serving size: 25 drops		
Servings per container: 90		
Calories: 3.88	Amount Per Serving	
	mg	% Daily Value
Passionflower - Freeze-dried extract ( <i>Passiflora incarnata</i> ) (leaf) Standardized to 8% total flavonoids	33.3	*
Passionflower leaf extract (1:10) in organic grain alcohol 70% (by vol.) Total flavonoids minimum 0.16%	210.2 *	
Valerian root extract (1:10) in organic grain alcohol 70% (by vol.) Total valerianic acids minimum 0.011%	210.2 *	
Lemon balm leaf extract (1:10) in organic grain alcohol 70% (by vol.) Rosmarinic acid minimum 0.28%	140.1 *	
California poppy aerial part extract (1:10) in organic grain alcohol 70% (by vol.) Protopine minimum 0.0028%	140.1 *	
Other ingredients: essential oil of lavender and marjoram. This product contains no artificial excipients, colorings, flavorings, preservatives. GMO free.		
* % Daily Value not established		



**75 ml (2.54 fl oz)**  
**in dark glass bottle with dropper**

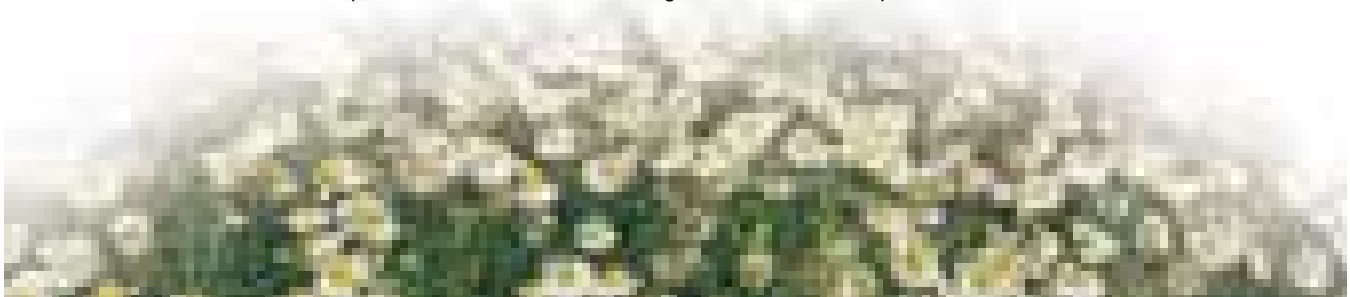
**WARNING:** Do not take if you are pregnant or nursing.  
For other contraindications and cautions, please consult  
your health care practitioner.

### SUGGESTED USE:

Take 25 drops in a small amount of water twice during the  
day and 40 drops at night before going to bed or as  
directed by a qualified expert. Shake before use.



\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent disease.



# HERBS FOR MEMORY\*



## GinkgoPlus

CAPSULES For Memory

This formula of ginkgo biloba, bacopa and eleutherococcus helps to improve mental efficiency and vitality\*. This supplement is specifically designed to support healthy memory function\*. It is an ideal product for students and the elderly.



Available in:

60 - 120 count capsules in blister packs

120 count capsules in dark glass bottle

### Supplement Facts

Serving size: 2

Servings per container: 60

Calories: 2.18 Amount Per Serving

	mg	%Daily Value
<b>Ginkgo</b> - freeze-dried extract ( <i>Ginkgo biloba</i> ) (leaf) Standardized to 1% terpene lactones and 3% ginkgo flavone glycosides	<b>160</b>	*
<b>Bacopa</b> - W.P.C.** ( <i>Bacopa monnieri</i> ) (aerial part)	<b>160</b>	*
<b>Eleuthero</b> - W.P.C.** ( <i>Eleutherococcus senticosus</i> ) (root) Standardized to 0.7% eleutherosides B+E	<b>155</b>	*

**Zinc yeast** **25** \*

**Other ingredients:** gelatin (capsule)

\* % Daily Value not established

\*\* W.P.C.: Whole Phytocomplex Concentrate

**WARNING:** Use with caution in patients taking anti-platelet drugs. Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

### SUGGESTED USE:

Take 2 capsules twice a day or as directed by a qualified expert.



# HERBS FOR NATURAL MOOD ENHANCEMENT\*

## Armovita

### CAPSULES



This herbal formula brings the emotional calming properties of passionflower and lemon balm together with the mood-enhancing properties of St. John's wort\*. A minimal treatment of 3-4 weeks is recommended.

### Supplement Facts

Serving size: 2

Servings per container: 60

Calories: 1.76 Amount Per Serving

	mg	% Daily Value
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<b>St. John's wort</b> - W.P.C.** ( <i>Hypericum perforatum</i> ) (flowering top) Standardized to 0.16% total hypericin	<b>384</b>	<b>*</b>
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<b>Lemon balm</b> - W.P.C.** ( <i>Melissa officinalis</i> ) (leaf) Standardized to 4% rosmarinic acid	<b>160</b>	<b>*</b>
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<b>Passiflò 2-LMF</b> Passionflower - multifraction freeze-dried extract ( <i>Passiflora incarnata</i> ) (leaf) Standardized to 8% total flavonoids	<b>96</b>	<b>*</b>
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**Other ingredients:** gelatin (capsule)

\* % Daily Value not established

\*\* W.P.C.: Whole Phytocomplex Concentrate



Available in:

60 - 120 count capsules in blister packs

120 count capsules in dark glass bottle

**WARNING:** Consumption of this herb may render skin photosensitivity. Avoid excessive exposure to sunlight, tanning, UV sources or lights. Do not take if you are pregnant or nursing. For other contraindications and cautions, or if you are taking medicinal products, please consult your health care practitioner.

### SUGGESTED USE:

Take 2 capsules in the morning and 2 in the evening or as directed by a qualified expert.

\*This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent disease.

# HERBS FOR AGING WELL\*



**MEN**

## Prostenil

### CAPSULES

This formula combines the well-known efficacy of saw palmetto with freeze-dried extracts of specific herbs such as uva ursi, stinging nettle and echinacea. Prostenil has been designed to help maintain a healthy prostate, without adversely affecting the endocrine system and libido\*. A treatment of 2-3 weeks minimum is recommended.



**Available in:**

**60 - 120 count capsules in blister packs**

**120 count capsules in dark glass bottle**

#### SUGGESTED USE:

Take 2 capsules in the morning and 2 in the evening or as directed by a qualified expert.

### Supplement Facts

Serving size: 2

Servings per container: 60

Calories: 3.75 Amount Per Serving

	mg	%Daily Value
<b>Saw palmetto</b> - powder ( <i>Serenoa repens</i> ) (fruit) Standardized to 14% total liposterolic extract	456	*
<b>Uva ursi</b> - freeze-dried extract ( <i>Arctostaphylos uva-ursi</i> ) (leaf) Standardized to 12% arbutin	60	*
<b>Stinging nettle</b> - freeze-dried extract ( <i>Urtica dioica</i> ) (root) Standardized to 0.01% scopoletin	30.6	*
<b>Echinacea pallida</b> - freeze-dried extract ( <i>Echinacea pallida</i> ) (root) Standardized to 2% echinacoside	30	*
<b>Zinc yeast</b>	22.6	*

**Other ingredients:** gelatin (capsule), essential oils of cajuput and Italian cypress

\* % Daily Value not established

**WARNING:** This product is not intended to replace regular visits to your physician. For other contraindications and cautions, please consult your health care practitioner.



# Menovamp

## CAPSULES



WOMEN

This new formula is a result of the most recent scientific innovations and the latest production process. Freeze-dried extract of black cohosh and the whole phytocomplex concentrate of other specific herbs help maintain healthy well-being during menopause\*. Menovamp does not contain estrogen and does not interfere with the endocrine system in menopause. A minimal treatment of 3-4 weeks is recommended.

Supplement Facts		
Serving size: 1		
Servings per container: 60		
Calories: 1.34	Amount Per Serving	
	mg	%Daily Value
<b>Chaste tree - powder</b> <i>(Vitex agnus-castus)</i> (fruit) Standardized to 0.1% agnuside	121.2	*
<b>Hawthorn - W.P.C.**</b> <i>(Crataegus oxyacantha)</i> (flower and leaf) Standardized to 1% total flavonoids	113.1	*
<b>Black cohosh - freeze-dried extract</b> <i>(Cimicifuga racemosa)</i> (rhizome) Standardized to 1.5% acteine + 27% deoxiacteine	68.7	*
<b>Motherwort - W.P.C.**</b> <i>(Leonurus cardiaca)</i> (aerial part)	40.4	*
<b>Passiflò 2-LMF</b> Passionflower - multifraction freeze-dried extract <i>(Passiflora incarnata)</i> (leaf) Standardized to 8% total flavonoids	40.4	*
<b>Sage - W.P.C.**</b> <i>(Salvia officinalis)</i> (leaf) Standardized to 1.6% rosmarinic acid	20.2	*
<b>Other ingredients:</b> gelatin (capsule)		
* % Daily Value not established		
** W.P.C.: Whole Phytocomplex Concentrate		



Available in:  
60 count capsules in blister packs  
60 count capsules in dark glass bottle

**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

**SUGGESTED USE:**

Take 1 capsule twice a day or as directed by a qualified expert.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.





# Triglic-oil

CAPSULES

This formula is made with fish oil enriched with turmeric extract to balance and maintain normal blood levels of triglycerides\*. The direct action on trygliceride levels makes this product a specific and effective aid\*. When used as suggested, the product ensures the consumption of 1gram per day of EPA / DHA as recommended by the European Union standards.



Available in:

60 - 120 count capsules in blister packs

150 count capsules in dark glass bottle

## Supplement Facts

Serving size: 3

Servings per container: 50

Amount Per Serving

Total Calories: 11.23

Calories from Fat: 10.72

	mg	% Daily Value+
<b>Total Fat</b>	<b>1,190</b>	<b>1.8</b>
Saturated Fat	45	0.22
Monounsaturated Fat	70	*
Polyunsaturated Fat	1,075	*
<b>Cholesterol</b>	<b>0</b>	<b>*</b>
<b>Fish Oil</b>	<b>930</b>	<b>*</b>
Eicosapentaenoic acid	190	*
Docosahexaenoic acid	480	*
Turmeric root extract, (1:10) in flaxseed oil	230	*

**Other ingredients:** gelatin (capsule), essential oils of rosemary and lemon

\* % Daily Value not established

+ Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

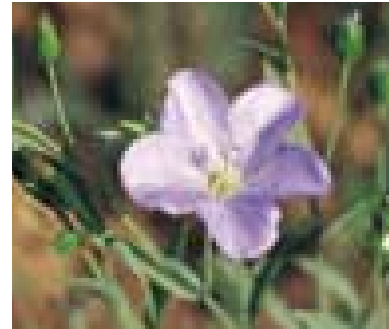
### SUGGESTED USE:

Take 2-3 capsules with lunch and 2-3 with dinner or as directed by a qualified expert



# Colest-oil

## CAPSULES



This formula, made of organic flaxseed oil (with high omega-3 and 6 content), fish oil (with a high EPA and DHA content), guggul oleoresin and garlic is specifically designed to help maintain cholesterol levels that are already within the normal range\*. When used as suggested, the product ensures the consumption of 1 gram per day of EPA / DHA as recommended by European Union standards.

### Supplement Facts

Serving size: 3		
Servings per container: 50		
<hr/>		
Amount Per Serving		
Total Calories: 11.42	Calories from Fat: 10.72	
<hr/>		
	mg	% Daily Value+
<hr/>		
<b>Total Fat</b>	<b>1,190</b>	<b>1.8</b>
Saturated Fat	70	0.35
Monounsaturated Fat	110	*
Polyunsaturated Fat	1,010	*
<hr/>		
<b>Cholesterol</b>	<b>0</b>	<b>*</b>
<hr/>		
<b>Fish Oil</b>	<b>725.4</b>	<b>*</b>
Eicosapentaenoic acid	151.1	*
Docosahexaenoic acid	372.8	*
<hr/>		
Guggul oleo-gum-resin extract, (1:10) in flaxseed oil	327.6	*
<hr/>		
Garlic bulb extract, (1:10) in flaxseed oil	114.7	*
<hr/>		
<b>Other ingredients:</b> gelatin (capsule), essential oil of rosemary		
<hr/>		
* % Daily Value not established		
+ Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		



Available in:

60 - 120 count capsules in blister packs

150 count capsules in dark glass bottle

**WARNING:** Do not take if you are pregnant or nursing. For other contraindications and cautions, please consult your health care practitioner.

### SUGGESTED USE:

Take 2-3 capsules with lunch and 2-3 with dinner or as directed by a qualified expert

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.



# SERVE YOUR CLIENTS WITH ABOCA'S SAFE AND EFFECTIVE HERBAL FORMULAS FOR THEIR HEALTH AND WELL-BEING NEEDS

## Benefits

- Multiple forms and sizes
- Convenient blister packs
- Merchandising material
- Free samples



Counter Display



Product guide



Booklet

# Classification of Herbs used in Aboca's Products

## Certified Organic

in accordance with European Directive 2092/91  
grown on Aboca's 1700-acre medicinal herb farm

### Latin Name

*Althaea officinalis*  
*Crataegus oxyacantha*  
*Eschscholtzia californica*  
*Echinacea pallida*  
*Hypericum perforatum*  
*Linum usitatissimum*  
*Malva sylvestris*  
*Matricaria recutita*  
*Melissa officinalis*  
*Mentha piperita*  
*Passiflora incarnata*  
*Salvia officinalis*  
*Taraxacum officinale*  
*Urtica dioica*

### English Name

Marshmallow  
Hawthorn  
California poppy  
Echinacea pallida  
St. John's wort  
Flax  
High mallow  
Chamomile  
Lemon balm  
Peppermint  
Passionflower  
Sage  
Dandelion  
Stinging nettle

## Organic Certification in-process

in accordance with European Directive 2092/91

### Latin Name

*Carum carvi*  
*Camelia synensis*  
*Chicorium intybus*  
*Cimicifuga racemosa*  
*Cuminum cyminum*  
*Gingko biloba*  
*Tilia platyphillos*  
*Valeriana officinalis*

### English Name

Caraway  
Green tea  
Chicory  
Black cohosh  
Cumin  
Gingko  
Linden  
Valerian

## Wildcrafted

### Latin Name

*Arctostaphylos uva-ursi*  
*Equisetum arvense*  
*Eleutherococcus senticosus*  
*Glycyrrhiza glabra*  
*Rubus fruticosus*  
*Solidago virgaurea*  
*Vitex agnus-castus*

### English Name

Uva Ursi  
Horsetail  
Eleutherococcus or Siberian ginseng  
Licorice  
Blackberry  
European goldenrod  
Chaste tree



## **TERMS & CONDITIONS**

### **Terms**

Orders may be paid by Master Card, Visa, American Express, Discover or COD. The COD charge is an additional \$5.00. Mail orders should be accompanied by a check. Credit terms are also available; a credit application is required.

### **Shipping Policies**

Orders placed by 6:30 p.m. ET are shipped the same day they are placed. We pride ourselves on providing fast service at a reasonable price. Our shipping and handling fee is a flat rate. All orders in the continental U.S. are sent so you receive your products within 2 business days. We also offered guaranteed overnight delivery for a small additional charge. Please call customer service at 800-654-4432 for our current shipping rate and ask how to qualify for free shipping.

### **Return Policy**

We accept returns of unopened bottles of all perishable products when returned immediately. We accept unopened bottles in resaleable condition, of all other products within 60 days. To be fully credited for such returns you must call for a return authorization number and also please include the invoice or invoice number as well as your name and the reason for the return. A restocking fee may be applicable.

### **Damaged Packages**

If you receive a package that has been damaged, please save the original box and all its contents, and call us immediately with the invoice number. We will do all we can to remedy the situation as soon as possible.

### **Back Orders**

If by chance an item you have ordered is out of stock, you will receive your order with that item on back order. You will be charged for your back order only when it is shipped. We will usually ship your back order within a week or less with no shipping charge.

### **Price Changes**

All prices are subject to change without prior notice.



## **CONTACT US:**

# **ABOCA USA INC.**

[www.aboca.us](http://www.aboca.us)

**Distributed Exclusively by:**

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**Ph: 800-654-4432**

**Fax 800-718-7238**

**[www.emersonecologics.com](http://www.emersonecologics.com)**

## **Customer Service**

*Available from 8:30 am ET to 7:30 pm ET*

*Monday through Friday.*

*For discounts, current price list and ordering Information,  
Please contact Emerson Ecologics.*

## **Orders**

*Place orders 24 hours a day, 7 days a week*

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*Telephone at 800-654-4432,*

*by Fax at 800-718-7238*

*Or website at [www.emersonecologics.com](http://www.emersonecologics.com)*

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